

**HEALTH FOOD
FOR YOUR
BRAND.**



Weight Management

HIGH PROTEIN DIET 60

nutrimeo offers a premium meal replacement with a two-component-protein - made from soy protein isolate and milk protein. Proteins have less nutritional value in the terms of calories when compared to fats. This makes proteins perfect little helpers in healthy and sustainable weight reduction. Protein diets or formula diets with meal replacement products are amongst the most common diet concepts available today.

The 'High Protein Diet 60' developed by nutrimeo is a tasty meal replacement; with 26 g of protein per serving, it has a high protein content. When used as a main meal replacement, the shake will support a weight management diet. The high amount of protein contributes to the build-up and maintenance of muscle mass.

This meal replacer is available in three delicious flavors and is quick and easy to prepare.



Advantages

- Meal replacement with soy protein isolate
- Replaces one or two main meals per day
- 230 kcal/meal
- Protein contributes to a growth in and the maintenance of muscle mass
- High protein content / 26,5 g protein per serving
- With dietary fiber
- Contains essential vitamins and minerals in order to regulation
- A perfect and convenient shake for breakfast or during the day
- Available in three delicious flavors
- Suitable for vegetarians

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Weight Management High Protein Diät 60

Description

Meal replacement for weight control, with sugar and sweeteners.

Dosage per serving and application

Quickly stir 35 g of the powder into 250 ml low fat milk or use a shaker. Replaces one or two main meals per day.

Technical data

Flavors: Raspberry-passion fruit, vanilla, chocolate
Shelf life: 15 -18 months, depending on the packaging format

Packaging:



Allergen information

Cereals containing gluten, Soybeans and products thereof, Milk and products thereof (including lactose)

Warning information

Persons with known metabolic disorders, intolerances or allergies should consult their physician prior to consumption.

Ingredients [raspberry-passion fruit]

Milk protein, soya protein isolate, soy oil, sweet whey powder, inulin, gluten-free oat fiber, thickeners (guar gum, xanthan gum), glucose syrup, flavourings, emulsifiers (mono and diglycerides of fatty acids, lecithin [soy]), beetroot powder, magnesium citrate, potassium chloride, magnesium carbonate, anti-caking agent (silicon dioxide), acid (citric acid), maltodextrin, ascorbic acid, stabilizer (triphosphate), sweeteners (sucralose, cyclamate, sodium saccharine), ferric-III-diphosphate, zinc gluconate, D,L-alpha tocopheryl acetate, calcium carbonate, nicotinamide, manganese gluconate, retinyl acetate, calcium D-pantothenate, copper gluconate, cholecalciferol, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylglutamic acid, potassium iodate, sodium selenite, phytomenadione, D-biotin, cyanocobalamin

Nutritional information [Raspberry-passion fruit]	in 100 g powder	per serving / 35 g in 250 ml milk
Energy value [kJ]	1558 kJ	968 kJ
Energy value [kcal]	370 kcal	230 kcal
Fat	7.3 g	6.2 g
of which saturates	1.4 g	2.7 g
Carbohydrate	8.8 g	14.6 g
of which sugars	5.5 g	13.6 g
Fiber	11.6 g	3.5 g
Protein	60.5 g	26.5 g
Salt	1.09 g	0.62 g
Vitamin A	861 µg [108%*]	291 µg [36%*]
Vitamin D	5.01 µg [100%*]	1.57 µg [31%*]
Vitamin E	13.3 mg [111%*]	4.1 mg [34%*]
Vitamin K	89.3 µg [119%*]	27.3 µg [36%*]
Vitamin C	83.9 mg [105%*]	29.4 mg [37%*]
Thiamin	1.24 mg [113%*]	0.46 mg [42%*]
Riboflavin	1.8 mg [129%*]	0.99 mg [71%*]
Niacin	17.67 mg [110%*]	5.53 mg [35%*]
Vitamin B6	1.59 mg [114%*]	0.59 mg [42%*]
Folic acid	267.78 µg [134%*]	91.58 µg [46%*]
Vitamin B12	4.49 µg [180%*]	2.4 µg [96%*]
Biotin	57.1 µg [114%*]	25.9 µg [52%*]
Pantothenic acid	7 mg [117%*]	3 mg [50%*]
Potassium	648 mg [32%*]	582 mg [29%*]
Calcium	722 mg [90%*]	511 mg [64%*]
Phosphorus	698 mg [100%*]	437 mg [62%*]
Magnesium	299 mg [80%*]	120 mg [32%*]
Iron	24.2 mg [173%*]	7.4 mg [53%*]
Zinc	11.7 mg [117%*]	4.4 mg [44%*]
Copper	1.9 mg [190%*]	0.6 mg [60%*]
Manganese	2.1 mg [105%*]	0.6 mg [30%*]
Selenium	97 µg [176%*]	29.1 µg [53%*]
Iodine	334.4 µg [223%*]	108.6 µg [72%*]
Sodium	437 mg	249 mg

* Nutrient reference values = percentage of recommended reference intake

